

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sonja Nel**

Has successfully participated & completed the

**Team - Standard Cowhouse Cross Duathlon 2017 #1**

held at Cowhouse Market.

**TIME 02:06:38**

**PACE 04:12/km**

**OVERALL 2 of 2**

**GENDER 2 of 2**

**40 - 49 2 of 2**

14 May 2017, Sun

Date



*BoutTime*

Signature

